



Subject: Year 8 Basketball

Overarching Topic:

Why is this topic being studied at this time?

How does it fit into the wider subject curriculum?

Our intent is to create a culture where students are able to carry themselves with pride when participating in Physical Education lessons and representing the school in extra-curricular fixtures. This will be achieved through a progressive approach, where we embrace new thinking in the pursuit of continuous improvement. Students play with respect and we set the standards for respect across Ravens Wood School. Lessons are inclusive and we champion the fact that basketball is a game for everyone. We promote determined learners who are tenacious and accountable to each other in serving the whole game and doing the right thing. We promote excellence in encouraging the students to achieve the very highest outcomes, which can only be achieved by sustained excellence in performance.

This topic is being studied to build on the initial content learnt and developed in year 7 and to start creating more challenging game situations where pupils can apply their skills in a more pressured situation. This topic has not been taught since Half term 2 in year 7 so we will revisit and give the boys opportunity to recall learning from the previous year. As Basketball is one of our performance sports it is imperative that the fundamental movements are continuously revisited in all lessons to show continual development at any ability stage. The running of basketball will help to develop hand eye coordination, cross curricular movement skills and sport specific skills like triple threat position, dribbling skills, passing skills, shooting skills and rebounding. Basketball is being studied as it provides the pupils with a sport they may have had a limited access to prior to being at RWS. It involves students mastering skills and applying similar skills from other games (e.g. rugby and football) such as evading opponents and sending and receiving skills.

Ultimate questions: This unit of work will provide students with the knowledge and skills that will provide the foundations for their entire journey within Physical Education and sport at Ravens Wood School. Through a holistic approach, students will learn the rules, values, tactics and traditions of the sport. This approach will allow students to develop upon the knowledge gained in term one, but with sport-specific features, due to the differing intricacies of football and rugby. This module builds on the key facets of Physical Education that were introduced in term one; acquiring and developing skills, selecting and applying appropriate skills and tactics and evaluating and improving their own and other performances.

Joining Up

Looking ahead:

- 'How do I master the core skills?' - students will revisit the core skills of the game and will be encouraged to refine their technique and execute these skills in increasingly challenging situations
- 'How do I become a master tactician?' – students will be introduced to, and encouraged to come up with, a range of more complex tactical approaches and how they can be successfully implemented
- 'How do I become more like a professional coach?' – students will be encouraged to reflect on a range of performances and come up with differing

	<p>ideas of how to improve performances in numerous situations</p> <p>Looking back:</p> <ul style="list-style-type: none"> Lessons are built upon the foundations covered in the previous year, with new content introduced acting as scaffolding to allow students to climb to the top of the subject area and become a true student of the game 		
	Critical	Core	Pinnacle
<p>The Big Questions (What questions will students be able to answer upon mastery of the topic?)</p>	<p>Acquiring and developing skills</p> <ul style="list-style-type: none"> use a good range of techniques for attack and defence (man marking and cutting and screens) adapt and improvise techniques to suit different situations for passing, shooting and dribbling <ul style="list-style-type: none"> How do I master the fundamental skills? How do I turn fundamental skills into game related skills? How can I tactically understand positions and rules? 	<p>Selecting and applying skills, tactics and ideas</p> <ul style="list-style-type: none"> put the game plans into effect with success and adapt and vary them when necessary play at greater speed and with more precision, selecting skills and techniques to apply principles of attack and defence effectively <ul style="list-style-type: none"> Can you understand where to use specific skills? Can you organise an attacking and defending strategy? 	<p>Evaluating and improving performance</p> <ul style="list-style-type: none"> observe performances and identify strengths and weaknesses in their own and others' performance identify what they need to improve, set targets for improvement and practise to improve their game <ul style="list-style-type: none"> How do you become consistently efficient in high level skills? How do you transfer the unopposed skills into a high pressure game situation? How do you change game plans due to the match situation?
<p>The Key Skills/ Techniques</p>	The sophistication and application of skills will become more advanced as students' progress through the critical, core and pinnacle knowledge.		
	Skill/Technique	How will this skill be developed?	
	<p>Acquiring and developing skills</p> <ul style="list-style-type: none"> use a good range of techniques for attack and defence adapt and improvise techniques to suit different situations 	<ul style="list-style-type: none"> Help all pupils to demonstrate their ability to play in small-sided games as individuals and teams Help pupils investigate the skills needed in a number of different positions within a team Teach pupils new techniques, and give them time to practise and improve upon areas of weakness Help pupils design practices and drills that improve technique or selected aspects of teamwork, <i>eg a semi-opposed game to improve the timing of a pass</i> 	
<p>Selecting and applying skills, tactics and ideas</p> <ul style="list-style-type: none"> put the game plans into effect with success and adapt and vary them when necessary play at greater speed and with more 	<ul style="list-style-type: none"> Talk to pupils about simple game plans, <i>eg find successful combinations of tactics</i> Teach pupils a range of set plays from starts and restarts Encourage the pupils to adapt and vary set playsEnsure the pupils know how to defend at starts, restarts and the set plays Help pupils extend the range of attacking, <i>eg creating overlaps, attacking the 'seams' of a zone, and defensive tactics, eg the benefits of man-to-man, zone, or combinations of man-to-man and zone</i> 		

	<p>precision, selecting skills and techniques to apply principles of attack and defence effectively</p>	<ul style="list-style-type: none"> • Teach pupils different ways of organising for defending and to solve and explore defensive solutions to these problems, <i>eg overload, switching the point of attack, running lines</i> • Help pupils refine the speed at which decisions are made in game situations
	<p>Evaluating and improving performance</p> <ul style="list-style-type: none"> • observe performances and identify strengths and weaknesses in their own and others' performance • identify what they need to improve, set targets for improvement and practise to improve their game 	<ul style="list-style-type: none"> • Ask pupils to analyse their own and others' strengths and weaknesses and to identify aspects of technique that need to be improved. Teach them how to 'read' a game • Help pupils explore different ways of observing and analysing performance and recognise what is effective and what needs improving • Talk to pupils about the ways they think both the games and their own play can be improved. Listen to what they think they need most help with, and then invite ideas on how to adapt and vary the games • Talk to pupils about their knowledge of rules and develop their ability to officiate small-sided games
	<p>Knowledge and understanding of health and fitness</p> <ul style="list-style-type: none"> • describe what they need to do to improve their own fitness • design and carry out warm-up and cool-down routines safely and effectively • explain why these activities are important • recognise and describe how games affect their health and fitness 	<ul style="list-style-type: none"> • Teach pupils how to observe the similarities and differences in performance of technique or the execution of tactics in small-sided games • Talk to pupils about the key factors that influence successful tactical outcomes in invasion games and help them to prioritise areas for improvement • Ask pupils to monitor improvements in performance, <i>eg playing in a game, officiating, coaching, organising</i>, and discuss the impact of practice • Help pupils refine their ability to set individual and team targets, so that any improvement can be measured against previous performance