



Subject:

Year 9 Tennis

Overarching Topic: Outwitting opponents

Why is this topic being studied at this time?

How does it fit into the wider subject curriculum?

Overview

Intent: Our intent is to build upon the foundations laid in years 7 and 8, with the same overarching theme of pride featuring throughout. The progressive approach remains, but extra challenge will be provided to ensure students continue in their upward trajectory. Students will be given more opportunities to take part in competitive scenarios, with competition structures introduced. Students will be encouraged to demonstrate respect at all times and will be challenged as to the importance of this, this is something that is particularly important with the increased levels of competition that feature in year 9. The notion of inclusivity is one of the key principles and students will reflect upon the true meaning of this. The final two principles of determination will be built upon through good-natured competition, where students are required to work out what is required to be successful, as well as how to accept defeat with pride and reflect upon their performance.

Ultimate questions: This unit extends upon the knowledge and skills that have been covered in the previous two years. Students are encouraged to revisit core aspects of the game, with a real focus on mastering the skills, techniques and tactics that were practiced in years 7 and 8. This module continues to build on the key facets of Physical Education that were introduced in years 7 and 8; acquiring and developing skills, selecting and applying appropriate skills and tactics and evaluating and improving their own and other performances.

Joining Up

Looking ahead:

- ‘How do I master the core skills and how can I effectively apply these in competitive situations?’ - students will revisit the core skills of the game and will be encouraged to refine their technique and execute these skills in increasingly challenging competitive situations
- ‘How do I become a master tactician and how can I apply tactics correctly in a range of competitive scenarios?’ – students will be encouraged to revisit the tactical approaches learned in the previous year and to take ownership of these to apply them at relevant times in competitive situations
- ‘How do I become more like a professional coach and how can I help others to improve their performance?’ – students will be encouraged to reflect on a range of performances and come up with differing ideas of how to improve performances in numerous situations for both themselves and others

Looking back:

	<ul style="list-style-type: none"> Lessons are built upon the foundations covered in the previous year, with new content introduced acting as scaffolding to allow students to climb to the top of the subject area and become a true student of the game 		
	Critical	Core	Pinnacle
The Big Questions (What questions will students be able to answer upon mastery of the topic?)	Developing skills in physical activity What are the main skills and techniques used within the sport of tennis? Use attacking shots, <i>eg smash, volley, drop shot</i> , and defensive shots, <i>eg block, push, chip</i> .	Developing physical and mental capacity How can different tactics be used to outwit opponents? What are the key components of fitness required for tennis players? What is meant by the term etiquette?	Evaluating and improving performance How can you identify the strengths and weaknesses of a tennis player? What would you consider to be the most important skills in tennis? What methods of training can you use to improve performance?
The Key Skills/ Techniques	The sophistication and application of skills will become more advanced as students' progress through the critical, core and pinnacle knowledge.		
	Skill/Technique	How will this skill be developed?	
	<u>Acquiring and developing skills</u> to apply techniques specific to the game effectively, safely and efficiently	Help all pupils to demonstrate their ability to play as individuals and in doubles partners. <ul style="list-style-type: none"> Help pupils investigate the skills needed in a number of different situations within a doubles team and scenario Teach pupils new techniques, and give them time to practise and improve upon areas of weakness. Help pupils design practices and drills that improve technique or selected aspects of working as a pair, <i>eg a semi-opposed game to improve the timing of a shot.</i> 	
<u>Selecting and applying skills, tactics and ideas</u> to use principles of performance in planning tactics and strategies for the tasks and challenges <ul style="list-style-type: none"> to adapt strategies, taking account of their own strengths and 	Talk to pupils about simple game plans, <i>eg find successful combinations of tactics.</i> <ul style="list-style-type: none"> Use a variety of shot types and positioning skills in attack and use a number of different defending techniques, <i>eg rallying to return, analysis of shot type and spin.</i> Teach pupils a range of return shots from serves and shots. Encourage the pupils to adapt and vary their shot selection based on their opposition. Ensure the pupils know how to defend at serves and rallies. Help pupils extend the range of attacking skills, <i>eg creating space by shot type, attacking the baseline</i>, and 		

	<p>weaknesses and changing conditions and situations</p>	<p>defensive tactics, <i>eg holding the base line ,net defence, or combinations of partner defence.</i></p> <ul style="list-style-type: none"> • Teach pupils different ways of organising for defending and to solve and explore defensive solutions to these problems, <i>eg hold the baseline, defend the net and defending in doubles.</i> • Help pupils refine the speed at which decisions are made within game situations.
	<p><u>Evaluating and improving performance</u></p> <p>to use the information gained from analysis of a performance to influence and improve their own play</p> <ul style="list-style-type: none"> • to take the initiative and decide how to develop and improve their own progress and that of others 	<p>Teach pupils how to observe the similarities and differences in performance of technique or the execution of tactics in game based scenarios</p> <ul style="list-style-type: none"> • Talk to pupils about the key factors that influence successful tactical outcomes in game based scenarios and help them to prioritise areas for improvement. • Ask pupils to monitor improvements in performance, <i>eg playing in a game, officiating, coaching, organising,</i> and discuss the impact of practice. • Help pupils refine their ability to set individual and team targets, so that any improvement can be measured against previous performance.
	<p>Knowledge and understanding of fitness and health</p> <ul style="list-style-type: none"> • how to continue to improve their personal fitness in and through games • to understand why regular exercise has a positive effect on their own health, fitness and social wellbeing • where and how to become involved in health-enhancing physical activity 	<p>Listen to pupils talk about their understanding of fitness and investigate how invasion games can help improve fitness.</p> <ul style="list-style-type: none"> • Help pupils devise a training regime that encourages fitness for game scenarios. • Teach pupils ways in which game scenarios can be used as part of a balanced programme of health-related activities. • Help pupils find the confidence to play games out of school and talk to pupils about the range of contacts in the community. Introduce pupils to people who can help them become involved in invasion games beyond the school day.